

NAME: Mrs. Lalita Sahu

DESIGNATION: Assistant Professor

DEPARTMENT: Sociology

Institution: Govt Digvijay Autonomous

P.G .College, Rajnandgaon C.G.

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LINK OF YOUTUBE CHANNEL: <https://youtubecom@lalitasahu3360>

OVERVIEW:

	Subject/Title for PhD	Year	From (University)
Graduation	B.Sc.(Comp.)	2001	Pt Ravishankar Shukla University Raipur CG
Post Graduation	M.A.(Sociology)	2004	Pt Ravishankar Shukla University , Raipur CG
SET	SOCIOLOGY	2013	CG VYAPAM,RAIPUR

INSTITUTIONS WORKED IN :

- 1 Planning Research Assistance, Aayukta Adim Jaati Avam Anusuchit Jaati Vikas Naya Raipur 2014-15
- 2 Patwari, Rajsva Avam Aapda Prabandhan Vibhag,CG Goff 2007-14

Oriention /Refreshar Course

S.No.	Program	Date	Name of Institution
1	Orientation Program	9 nov to 29 dec 2020	HRDC,Pt.R.S.S.University
2	Refresher Course	20 sep to 2 oct 2021	HRDC Sant Gadge Baba Amravati University
3	Two Week Online Refresher Course	10 march To 22 march 2024	UGC MMTTC,Himachal Pradesh University,Shimla

COURSES TAUGHT:

- 1 Introduction to sociology**
- 2 Contemporary Indian society**
- 3 Crime and society**
- 4 Sociology of tribal society**
- 5 Social change in India**
- 6 Sociology of development**
- 7 Social movements in India**
- 8 Criminology**
- 9 Comparative sociology**
- 10 Project Report**

ADDITIONAL RESPONSIBILITIES:

H.O.D M.S.W. DEPT

Member NAAC/IQAC Committee

Member Self Finance /Adon course Committee

Member Panchmukhi Development Program

Mentor M.S.W. P.G. student

Member Equal Opportunities Committee

OTHER APPOINTMENTS/ACHIEVEMENTS

- 1 Member of Board of study (Sociology) Govt.V.Y.T.P.G.Auto. College, Durg**
- 2 Member of Board of study (Social work) Govt.V.Y.T.P.G.Auto. College Durg**
- 3 Co-Convener , One day state level Workshop on skill development training .15 March 2023 Organized by M.S.W. & SOCIOLOGY DEPT**
- 4 Convener , Value Added Course on Criminology, 16 Feb to 16 March 2022 Organized by M.S.W. & SOCIOLOGY DEPT**
- 5 Organising secretary , two days National Seminar on The Impact of Social Media on Society ,6-7 Feb 2020 Organized by M.S.W. & SOCIOLOGY DEPT**

RESOURCE PERSON IN SEMINAR/WORKSHOP/CONFERENCE:

- 1 Chief Speaker to speak on Crime & Society Organized by Pt Shyama Charan Shukla College, Dharsiwa Raipur CG**
- 2 Chief Speaker to speak on How to prepare for Competitive exam ' organized by Kamla devi Rathi Mahila College, Rajnandgaon CG**
- 3 Resource Person to speak on “Sexual Harassment at workplace” organized by Govt Dr,B.S.B.A.P.G.College Dongargaon DATE 24/01/2025**
- 4 Guest Lecture to speak on ‘ Career Counselling” organized by GOVT V.Y.T. P.G. AUTO. College DURG DATE 25/01/2015**
- 5 Guest Lecture to speak on The Sexual Harassment of women at workplace (prevention ,probation & redressal)Act 2013 to speak on GOVT. Digvijay AUTO P.G. College Rajnandgaon DATE 10/02/2025**
- 6 Resource Person to speak on “Research Methodology ” organized by Govt Dr,B.S.B.A.P.G.College Dongargaon DATE 17/ 12/2025**

7 **Resource person to speak on “ Gender Equality” and “ POSH “**
organised by governments in Shahid Gaiind Singh Naik Government
College Mangchua District Balod

Project

S.No.	Title	Funding Agency	Major/Minor	Sanctioned Fund	Completed/Ongoing	year
1	Godhan Nyay Yojna Me Mahila Swayam Sahayata Samooh Ki Bhumika (Rajnandgaon Tahasil ke gramin ksetra ke vishesh Sandarbham)	Govt Digvijay Autonomous PG College Rajnandgaon	MRP	50,000/-	submitted	2025-26

Book Publication

S.no.	Title of Book	Year of Publication	ISBN	Publisher's Name
1	Sociology B.A. Pratham Varsh	2023-24	ISBN 978-93-92208-04-1	Sanjay Sahitya Bhawan, SBPD Publishing House
2	Introduction to Sociology	2024-25	ISBN 978-93-6247-754-5	Sanjay Sahitya Bhawan, SBPD Publishing House
3	Changing Social Institutions in India	2024-25	ISBN 978-93-6247-922-8	Sanjay Sahitya Bhawan, SBPD Publishing House
4	Tribal Culture of Chhattisgarh	2025-26	ISBN 978-93-6247-136-9	Sanjay Sahitya Bhawan, SBPD Publishing House

Book Chapter

s.no.	Title of Book Chapter	Title of Book	Year of Publication	ISBN	Publisher
1	Effect of gender on customer perception towards service quality of post offices	DECODING INDOSTRY 4.0 FOR INCLUSIVE & SUSTAINABLE GROWTH	Feb-2020	ISBN 978-93-86238-84-9	Excellent Publishing House

2	Covid -19 pandemic and online teaching method	The impact of the pandemic and on health, society, environment and economy	Dec-2022	ISBN 978-93-95456-41-8	Red shine Publishing Private Limited

Research Paper

S.No.	Title	Journal Name/ISSN NO	Volume	Issue	Year of Publication
1	साइबर अपराध : कारण ,चुनोटियाँ एवं समाधान	Madhya Bharti / ISSN 0974-0066 With IF = 6.28	Vol -82 No 11	JAN-JUNE 2022	Jun-22
2	Blended Learning : Uncovering Its Transformation Potential In Higher Education	Juni khyat/ ISSN 2278-4632 With IF 6.625	Vol -13 No 03	July-23	2023
3	विधवाओं की पारिवारिक एवं आर्थिक स्थिति का अध्ययन (राजनांदगाँव के विशेष संदर्भ में)	Juni khyat ISSN 2278-4632	वर्ष 13 अंक 1	July - dec 2023	2023-24

4	गोधन न्याय योजना के संदर्भ में स्वयं सहायता समूह की भूमिका और दक्षता का अध्ययन	Mukta Shabd Journal ISSN NO : 2347-3150	VOL XIV.ISSUE XI	NOV 2025	2025-26
5	आनलाईन शिक्षण प्लेटफॉर्म	Swadeshi Research Foundation A Monthly Journal of Multidisciplinary Research International Peer Reviewed ISSN:2394-3580	Vol -12, No -12	October 2025	2025-26
6	ऑनलाइन शिक्षण पद्धति की भूमिका एवं प्रभाव का अध्ययन जुलाई दिसंबर 2025 वर्ष 15 अंक 1	Juni khyat ISSN 2278-4632	वर्ष 15 अंक 1	जुलाई-दिसंबर 2025	2025-26
7	गोधन न्याय योजना के क्रियान्वयन के पूर्व एवं पश्चात स्वयं सहायता समूह की महिलाओं की सामाजिक एवं आर्थिक स्थिति का तुलनात्मक अध्ययन	Mukta Shabd Journal ISSN NO : 2347-3150	Volume XV , ISSUE V	MAY 2026	2025-26

International Seminar (Paper Presented/Attend)

S.No.	year	Title of paper	Seminar Theme	Date (from-to)	Host Institute
S.No.	year	Title of paper	Seminar Theme	Date (from-to)	Host Institute
1	2022-23	Right to Education Challenges & Opportunities	Rural, Agriculture & Industry Development	12-13 feb 2023	So.Sc.&Management Welfare Ass.& Ra. Grp.of Inst.(M.P.)
2	2023-24	Role of Women self help group in Godhan Nyay yojana	Advance in Multidisciplinary Research & Application(International Conference)	15 To 16 June 2023	Bharti Vishwavidyalaya Durg (C.G.)
3		Amrit Mahotsav of Independence & Tribal Women : With Special Reference To The State of Chhattisgarh	Tribal Development(International Conference)	9 to 10 Aug 2023	Social Science & Management Welfare Association C.G.&Youth Economic Association C.G.
4		Role of Women In Indian National Movement	Feminist discussion in Global Scenario(International Conference)	1 to 2 march 2024	Govt.Digvijay Autonomous P.G.College Rajnandgaon C.G.

		& Current Context			
5		Role Of Women in Indian National Movement	Women Empowerment 2024(International Conference)	9,10march 2024	Social Science & Management Welfare Association Women Cell ,Social Studies Teachers Indonesia Forum & Radiant Group of Institutions ,Jabalpur(M.P.)INDIA
6	2024-25	भारतीय राष्ट्रीय आंदोलन एवं वर्तमान परिपेक्ष्य में नारी की भूमिका	वैश्विक परिपेक्ष्य में नारी विमर्श 2 Days Multidisciplinary International Research Conference	5 से 6 मार्च 2024	Govt. Digvijay Autonomous PG College Rajnandgaon C.G.
7		Indian Literature & Tribal Movement	Indian Literature in Global Perspective :Significance & Relevance(Three days International Multidisciplinary Conference)	13 TO 15 Feb 2025	Govt. Digvijay Autonomous PG College Rajnandgaon CG
8		Socio Economic Scenario of Sustainable Development	Sustainable Development & Climate Change 2025 (3 Days Inter National Seminar)	4 To 6 March 2025	Govt. Digvijay Autonomous PG College Rajnandgaon CG

National Seminar (Paper Presented/participation)

S.No.	year	Title of paper	Seminar Theme	Date (from-to)	Host Institute
1	2017-18	42 अमृतवाणी आज के संदर्भ में	गुरु घासीदास जी के 7 उपदेशों एवं 42 अमृतवाणियों की प्रासंगिकता (राष्ट्रीय संगोष्ठी)	17 to 18 dec	गुरु घासीदास शोधपीठ प.रवि.शु.वि.वि.रायपुर
2		-	The Usefulness of Thought of Pt. Dindayal Upadhyaya in present Scenario	20 to 21 Dec 2017	Govt.Digvijay Autonomous P.G.College Rajnandgaon C.G.
3		-	भारतीय सांस्कृतिक धारा -अनादि से आज तक	23 व 24 dec 2017	Durg University ,Durg
4		-	Advanced Research in Physics -its Role in the Development of Society	29 jan 2018	Govt.Digvijay Autonomous P.G.College Rajnandgaon C.G.
5	2022-23	Gandhian Thought in Contemporary Socio-Political Context	गाँधीवादी ग्राम स्वराज और नरवा,गरवा,घुरवा ,बाड़ी योजना National Seminar	28 feb 2023	Govt. V.Y.T.P.G.AUTO College Rajnandgaon
6		जनजातीय क्षेत्रों में पर्यटन उद्योग के विकास की संभावनाये एवं चुनोतियां - बस्तर	Challenges , Development & Possibilities in Tourism Industry National Seminar	27 ,28 feb 2023	Govt.Digvijay Autonomous P.G.College Rajnandgaon C.G.

		संभाग के विशेष संदर्भ में			
7	2023-24	Gandhian Concept of Development	National Conference on Multidisciplinary Research in Socio-Economic Development of Chhattisgarh	16 july 2023	Social Science & Management Welfare Association Chhattisgarh & Youth Economic Ass Chhattisgarh
8		--	Best Practices : Quality Enhancement in Higher Education Institutions (National conference)	2 Aug 2023	Shri G.S.Govt.Arts &Commerce Girls College,Raipur
9		विकसित भारत @2047 :राष्ट्र निर्माण में महिलाओं की भूमिका	Viksit Bharat @2047 :Challenges & Possibilities (National Seminar)	28 &29 feb 2024	Govt.Digvijay Autonomous P.G.College Rajnandgaon C.G.
10		पर्यावरण व समाज	Situational Formations :Opening new vistas of research in Geo science(National Seminar)	1 & 2 march 2024	Govt.Digvijay Autonomous P.G.College Rajnandgaon C.G.
		2024-25			
11		जनजातीय महिलाओं में सामाजिक आर्थिक सशक्तिकरण	Status Of Tribal Women in Global Scenario(two days National Conference)	28 To 29 June 2024	Chhattisgarh Sociological Association

12		Indian Knowledge Tradition & Society	भारतीय ज्ञान परंपरा और राष्ट्रीय शिक्षा नीति (National Conference)	05 Oct 2024	Govt Naveen Girl College Balrampur CG
13		Mahatma Gandhi : A Way of Life	Mahatma Gandhi Thinking ,Philosophy & Development (Two days National Conference)	5 To 6 Oct 2024	SS&MWAW CELL ,SST IN. Fo. & RG Of In. Jabalpur MP
14		Role of Tribal Society in Environment Protection	Glorious Past of Tribal Society :Historical, Social & Spiritual Contribution (National Seminar)	25 oct 2024	Govt College Balrampur & Naveen Govt College Ranhat C.G.
15		Role of Women in Environment Protection	Role of Feminism in Gender Equality : Issues & Challenges (Two Days National Seminar)	6 to 7 Dec 2024	Rajiv Gandhi PG College Ambikapur CG
16		Mahatma Gandhi's vision for a Sustainable Future	Mahatma Gandhi's vision for a Sustainable Future (One Days National	30 jan 2025	SS&MWAW CELL ,SST IN. Fo. & RG Of In. Jabalpur MP

			Conference on Multidisciplinary Research)		
17		Social Status of Tribal Women in Contemporary Context	Bhartiya Itihas Me Janjatiya Yogdan (Two Days National Seminar)	5 to 6 march 2025	Govt. V.Y.T.P.G. Autonomous College Durg C.G.
18		Sustainable Development :Social Perspective	The Economics of a Sustainable Future (Two Days National Seminar)	7 to 8 march 2025	Govt. V.Y.T.P.G. Autonomous College Durg C.G
19		Gender Based Discrimination	समकालीन भारत में सामाजिक -सांस्कृतिक मुद्दे :चुनोटियाँ और संभावनाएं (one Days National Seminar)	20 march 2025	सामा. सशा. बहु . संस्था वर्धा महाराष्ट्र । श्री रावतपूरा विवि रायपुर छ ग ,अन्य
20	2025-26	Online Education Platform	Innovative teaching methods and digital education(One Days National Webinar)	13 October 2025	Government College Bichhua ,Chindwara M.P.

21			सामाजिक विकास में महात्मा गांधी के विचारों की प्रासंगिकता (Two Days National Seminar)	13 to 14 October 2025	अग्रसेन महाविद्यालय
22		जनजातीय संस्कृति व भारतीय ज्ञान परंपरा	भारतीय ज्ञान परंपरा: अतीत की विरासत, वर्तमान की प्रासंगिकता और भविष्य की दिशा (Two day's National seminar)	24 se 25 February 2026	धुरवाराव माड़िया शासकीय महाविद्यालय भैरमगढ़, जिला बीजापुर

Faculty Development Program/workshop

S.No	year	Program	Date/Duration	Organized By
1	2019-20	Computer Training Workshop	1 week	Govt. Digvijay Autonomous PG College Rajnandgaon
2		Quality Enhancement in Higher Education	workshop	Govt D.S.R. M.V.P.G.Sanskrit Raipur

3	2021-22	7 days Faculty Development Program	6 to 13 jan 2022	Govt. Digvijay Autonomous PG College Rajnandgaon
		Five Days National Workshop on Basics of Research Methodology	7 TO 11 JUNE 2022	Govt. Digvijay Autonomous PG College Rajnandgaon
		7 days Faculty Development Program on Documentation using mobile ,laptop & desktop interface	10 to 17 dec 2022	Govt. Digvijay Autonomous PG College Rajnandgaon
4	2022-23	One Day workshop on RESEARCH PAPER WRITING & PUBLICATION	20 TH Oct 2022(national webinar)	Govt. Digvijay Autonomous PG College Rajnandgaon
		Career Opportunities in Social Science and Humanities	30 May to 06 June 2022 (Workshop)	Govt PT Shyamacharan Shukla College Dharsiwa Raipur
		Conservation of Natural Research and Sustainable Development	3 to 05 June 2022 (national webinar)	Govt. Digvijay Autonomous PG College Rajnandgaon
		New NAAC Accreditation frame work and Awareness	7 to 15 June 2022 (one week national level workshop)	Govt. Digvijay Autonomous PG College Rajnandgaon
		Curriculum Framework for Implementation of CBCS/LOCF under NEP 2020	9 July 2022 (one day state level workshop)	Govt. Digvijay Autonomous PG College Rajnandgaon

		Research Paper Writing and Publication	20 Oct 2022 (One day workshop)	Govt. Digvijay Autonomous PG College Rajnandgaon
		--	10 to 17 Dec 2022 (One week FDP)	Govt. Digvijay Autonomous PG College Rajnandgaon
		Skill Development	15 March 2023(State level workshop) CO-CONVENOR)	Govt. Digvijay Autonomous PG College Rajnandgaon
		Five day National Workshop on NEP2020:Curriculum & Research Reforms	17 to 21 april 2023	Govt. Digvijay Autonomous PG College Rajnandgaon
6	2023-24	One week National Online faculty development program on Research Paper Writing & Publishing	1 July To 07 July 2023	Hi Learn Educate Institute Bijapur/ Vijayapur Karnataka
7		One week Certificate program on Tourist Spots In Chhattisgarh	1 July To 30 July 2023	Hemchand Yadav Vishwavidyalaya, Durg
8		One week Online faculty development program on Contemporary Trends of Research Perspective Trends of Research Perspective & Advance Pedagogy	10 July To 15 July 2023	The ICFAI University ,Raipur

9		One-week Online faculty development program on Research Methodology For Social Sciences, Engineering & Management: NEP 2020	10 July To 15 July 2023	National Institute Of Technology Patna
10		Seven days National Workshop on Research Methodology : Fundamental & Practices	24 to 30 July 2023	Govt. Digvijay Autonomous PG College Rajnandgaon
11		One week faculty development program on Introductive Training of Government Servants	01 August To 08 August 2023	HRDC & IQAC Govt. Digvijay Autonomous PG College Rajnandgaon
12		One week faculty development program on Advance Office Automation	22 feb to 28 feb 2024	Department of Computer Science & Computer Application, Govt. Digvijay Autonomous PG College Rajnandgaon
13	2024-25	Online National Workshop on Enhance Research Quality in Young So.Scientists	20 June To 26 June 2024	Indian So. Society
14		Online faculty development program on INDIAN KNOWLEDGE SYSTEM	10 Feb to 16 Feb 2025	Indira Gandhi Govt. P.G. College Bhilai C.G.
15		Online faculty development program on	17feb To 21 feb 2025	M.In.of Ma. & Tec.,Greater Noida

		Inn.Tea. Pra. With AI &Outcome Based Ed.		
16		Online faculty development program on Re. Meth. & Data Ana. Using SPSS	24 Feb To 28 Feb 2025	A.E.KALESEKAR DEGREE COLLEGE ,Thane
17	2025-26	Seven days faculty development programme on Indian knowledge system	24 April to 30 April 2025	Govt. Digvijay Autonomous PG College Rajnandgaon
18		Online 7 day workshop on statistical package for social sciences (SPSS) Indian sociological society	24 to 30 June 2025	Indian Sociological Society
19		7 Day National workshop on advanced statistics tools and Data analytics for multi disciplinary scientific research and innovation	6 to 12 November 2025	Govt. Digvijay Autonomous PG College Rajnandgaon
20		Two Days National workshop on research and research techniques	2 to 3 December 2025	Chandulal Chandrakar Government Arts and Commerce College Dhamdha
21		Five days faculty development programme on Gender Inclusion and Equity Initiative	25 feb to 01 March 2026	Govt. Minimata Girls College , Korba
22		Seven Days faculty development programme On Gender sensitization	06 to 13 March 2026	Government PG Mahila Mahavidyalay Jagdalpur Chhattisgarh

23		Seven days faculty development programme on Gender Inclusion and Equity Initiative	11 to 17 March 2026	Laxman Prasad Baidh Government Girls College, Bemetara
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