# PO PSO



#### **Session 2021-22**

## Syllabus for B.A. Home Science

PO. No.	Programme Outcome Upon completion of Home Science Degree Programme, the graduates will be able to
PO-1	Understand and appreciate the role of individuals, families and communities
PO-2	Develop professional skills in food, nutrition, textiles, nousing,
PO-3	Acquire professional and entrepreneurial skills for economic empowerment of self- in particular, and community in general
PO-4	13-designed the eciences and technologies that enhance the quality of the
PO-5	Inculcate environmental consciousness: Discern the issues of environmental contexts and engages in promoting values

PSO. No.	Programme Specific Outcome  Upon completion of these courses the graduates would
PSO-I	Acquire knowledge in physiology and analytical principles of food and nutrients in diet formulation for all age groups; develop skills in organization and management of food service institutions
PSO-2	Understand the principles and patterns of growth and development of numaris from conception to old age and know the role of family, society and government to ensure development and protection of the rights of vulnerable groups
PSO-3	Utilize and manage resources and contribute to community development; assess consumer problems and protection, and learn the application of management process in Event Planning & Execution
PSO-4	Learn the principles, methods and approaches of communication and develop practical skills in Communication Process to reach out to the wider community.
PSO-5	Understand and appreciate the textile - modern and traditional.
PSO-6	Acquire academic skills with an aptitude for higher studies research/entrepreneurship in any branch of the programme

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## COURSE OUTCOME (CO)

#### 1. Anatomy Physiolozy

## The course provide basic information about

- · Cell, Tissue & Skeletal System of human
- the physiology of various systems
- First aid & Home Nursing

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#### 2. Extension Education

The Course is designed to provide information about

- Develop Desirable attitudes to towards integrated ruler & urban development
- Through this extension, students will acquire knowledge on quality of learning, learning experience, effectiveness of learning

Stackers will study about the Community Development Problems & Role

of Home Scientists - Cour

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### 3. Introduction to textiles

Understand the structure, properties and production techniques of various natural and manmade fibres, yarn spinning

Demonstrate an understanding of various types of

fabric construction methods

Understand and apply various dyeing, printing and finishing techniques

Identify fabrics and relate it to specific products eping in mind fabric properties and characteristics



## 4. Resource Management

Understand the fundamentals of resource management in a changing scenario
Inculcate skills in identifying, creating, selecting and using available resources judiciously with emphasis on maximization and conservation

Know the scientific application of the process of management in the rightuse of resources and apply the management process in event planning and execution

Understand self as a resource — SWOT analysis, building decision making abilities;

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## 5. Human Development

Recall and recognize the concepts, scope and nature

of human development

Relate and explain prenatal development and care of

the new born

Describe, record and identify the developmental milestones during infancy, preschool and middle childhood years

Demonstrate activities to facilitate development in different domains from birth to middle childhood



## 6. Food & Nutrition

Recall the basic concepts of food and nutrition and explain the nutrients, their functions, sources and clinical manifestation

Discuss and analyse the effects of cooking and processing techniques on nutritional properties of

food

Outline the nutritional contribution and selection of various food groups

Explain and demonstrate the principles involved in weighing, portion size and nutritional quality of food

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